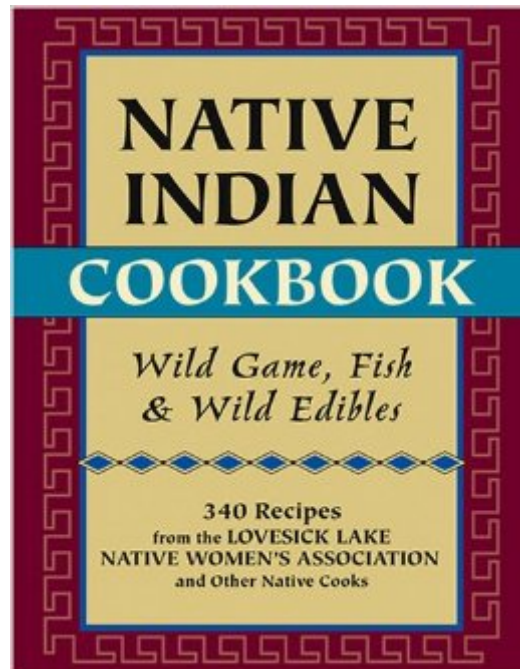


The book was found

Native Indian Cookbook: Wild Game, Fish, And Wild Edibles



Synopsis

Feast on dishes that are simple to prepare, elegant to serve, and feature all types of wild game, fish, wild plants, berries, and nuts. This is the only book of its kind--presenting the culinary heritage of the North American Native Peoples in a practical way for the modern cook. Recipes include Wild Goose with Apple Raisin Stuffing, Wild Turkey with Oyster Stuffing, Salmon Rice Salad, Mad Bear s Elk Stew, Black Walnut SoufflÃ©, Braised Venison and Vegetables, and dozens of others. Much of the material for the book was provided by the Lovesick Lake Native Women s Association. The research and information gathered from an extensive 2-year oral history project formed the backbone for this book. Also includes the collections received from the Cherokee in North Carolina and groups in the Southwest and Pacific Northwest.

Book Information

Paperback: 232 pages

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Average Customer Review: 2.5 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #2,094,096 in Books (See Top 100 in Books) #87 inÂ Books > Cookbooks, Food & Wine > Regional & International > Native American

Customer Reviews

Waste of \$ for me. Who is going to cook two buffalo? It's not terrible, but I wish I had purchased a better book.

I was really hoping to find some original Native American recipes in this book. But alas, most of the recipes had flour, sugar, milk or some kind of store bought ingredient. I will continue to search for a true foraging cookbook.

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